

黃崇儒

現職：台北市立大學運動教育研究所教授

研究焦點：運動員生涯規劃、心理堅韌性、表現促進

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學 歷

台灣師範大學體育學系博士 (1998~2004)

台灣師範大學體育學系碩士 (1992~1994)

台灣師範大學體育學系學士 (1987~1991)

專業資歷

台北市立大學運動教育研究所所長 (2013~2019)

台北體育學院育成中心主任 (2011~2013)

美國西維吉尼亞大學體育學院訪問學者 (2007 ~ 2009)

專業組織服務

臺灣運動心理學會理事長 (2012 ~ 2013)

亞洲南太平洋運動心理學會理事 (ASPASP) (2011~2014)

國際應用運動心理學會 Graduate Program Committee (AASP) (2014 ~2016)

學術期刊編輯與審查

Editorial Board, Journal of Sport Psychology in Action (AASP 官方期刊，2018 ~ 2020)

Editorial Board, Asian Journal of Sport and Exercise Psychology (ASPASP 官方期刊，2019 ~)

臺灣運動心理學報總主編 (2015~)

社區服務

2016 年里約奧運運科小組委員

2018 年雅加達亞運運科小組委員

2016-2020 年台北市競技運動選手訓練暨科學輔助計畫心理組共同負責人

國外期刊發表著作 (2018~2020)

- Wang, K. P., Cheng, M. Y., Chen, T. T., **Huang, C. J.**, Schack, T., & Hung, T. M. (2020). Elite golfers are characterized by psychomotor refinement in cognitive-motor processes. *Psychology of Sport and Exercise*, 50, 101739.
- Chen, F. T., Hopman, R. J., **Huang, C. J.**, Chu, C. H., Hillman, C. H., Hung, T. M., & Chang, Y. K. (2020). The effect of exercise training on brain structure and function in older adults: A systematic review based on evidence from randomized control trials. *Journal of Clinical Medicine*, 9, 914.
- Huang, C. J.**, Tu, H. Y., Hsueh, M. C., Chiu, Y. H., Huang, M. Y., & Chou, C. C. (2020). Exercise improves executive function in children with and without learning disability: A randomized controlled trial. *Adapted Physical Activity Quarterly*, 37(4), 404-422.
- Chou, C. C., Chen, K. C., Huang, M. Y., Tu, H. Y., & ***Huang, C. J.** (2020). Can movement games enhance executive function in overweight children? A randomized controlled trial. *Journal of Teaching in Physical Education*, 39, 527-535.
- ⁺Tsai, Y. J., ⁺**Huang, C. J.**, Hung, C. L., Kao, S.C., Lin, C.F., Hsieh, S.S., & Hung, T. M. (2020). Muscular fitness, motor competence, and processing speed in preschool children. *European Journal of Developmental Psychology*, 17(3), 415-431.
- Yu, C. L., Chueh, T. Y., Hsieh, S. S., Tsai, Y. J., Hung, C. L., Huang, C. J., Wu, C. T., & Hung, T. M. (2019). Motor competence moderates relationship between moderate to vigorous physical activity and resting EEG in children with ADHD. *Mental Health and Physical Activity*, 17, 100302
- Chen, T. T., Wang, K. P., Cheng, M. Y., Chang, Y. T., **Huang, C. J.**, & Hung, T. M. (2019). Impact of emotional and motivational regulation on putting performance: A frontal alpha asymmetry study. *PeerJ*, 7: e6777.
- Wang, K. P., Cheng, M. Y., Chen, T. T., Chang, Y. K., **Huang, C. J.**, Feng, J., Hung, T. M., & Ren, J. (2019). Experts' successful psychomotor performance was characterized by effective switch of motor and attentional control. *Psychology of Sport and Exercise*, 43, 374-379.
- ⁺Li, D., ⁺**Huang, C. J.**, Liu, S. C., Chang, K. H., & Hung, T. M. (2019). Exercise type relates to inhibitory and error processing functions in older adults. *Aging, Neuropsychology, and Cognition*, 26(6), 865-881.
- Hsieh, S. S., Chang, Y. K., **Huang, C. J.**, Wu, C. T., & Hung, T. M. (2018). Acute exercise facilitates the N450 inhibition marker and P3 attention marker during Stroop test in young and older adults. *Journal of Clinical Medicine*, 7, 391.

Huang, C. J., Huang, C. W., Hung, C. L., Tsai, Y. J., Chang, Y. K., Wu, C. T., & Hung, T. M. (2018). Effects of acute exercise on resting EEG in children with ADHD. *Child Psychiatry and Human Development*, 49(6), 993-1002.

Hsieh, S. S., Fung, D., Tsai, H., C. H., Chang, Y. K., **Huang, C. J.**, & Hung, T. M. (2018). Differences in working memory as a function of physical activity in children. *Neuropsychology*, 32(7), 797-808.

國內期刊發表著作

張芝雁、黃崇儒、洪聰敏 (2020)。競技運動認知神經科學研究發展及未來趨勢。 *中華心理學刊*，62(2)，245-266。

林晏慈、*黃崇儒 (2019)。轉型領導與共享領導對大學運動員團隊效能之預測。 *運動表現期刊*，6(2)，67-74。

國際研討會論文發表

Huang, C-J., & Wong, T-L. (2019). Impacts of athletic identity and career resources on job searching in college student-athletes: The mediation of employability. . Paper presented at the 2019 Annual Conference of the Association for Applied Sport Psychology, Portland, OR.

Huang, C-J., & Wong, T-L. (2018). Exploring the process of career decisiveness in college student-athletes by using motivational systems theory: A cross-lagged panel analysis. Paper presented at the 2018 Annual Conference of the Association for Applied Sport Psychology, Toronto, Canada.

科技部專案計畫(計畫主持人)

黃崇儒 (2020~2022)：大學運動員的角色認同與職業選擇偏好：腦波測量之觀點。科技部計畫編號：MOST 109-2410-H-845 -033-MY2

黃崇儒 (2019~2020)：個人特徵和學校脈絡與大學運動員生涯準備成長軌跡之關係：生涯教育課程的成效。科技部計畫編號：MOST 108-2410-H-845 -030-

黃崇儒 (2017~2019)：運動認同、資源提供對大學運動員職業探索與畢業後工作滿意度之影響：就業力的中介。科技部計畫編號：MOST 106-2410-H-845 -015-MY2

獲獎紀錄

105-109 年度科技部補助大專校院獎勵特殊優秀人才

109 年教育部體育署運動科學研究與發展甲等獎勵

108 學年度臺北市立大學校級教學優良教師