

黃崇儒

現職：台北市立大學運動教育研究所教授

研究焦點：運動員生涯規劃、心理堅韌性、表現促進

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學 歷

台灣師範大學體育學系博士 (1998~2004)

台灣師範大學體育學系碩士 (1992~1994)

台灣師範大學體育學系學士 (1987~1991)

專業資歷

台北市立大學運動教育研究所所長 (2013~2019)

台北體育學院育成中心主任 (2011~2013)

美國西維吉尼亞大學體育學院訪問學者 (2007 ~ 2009)

專業組織服務

臺灣運動心理學會理事長 (2012 ~ 2013)

亞洲南太平洋運動心理學會理事 (ASPASP) (2011~2014)

國際應用運動心理學會 Graduate Program Committee (AASP) (2014 ~2016)

學術期刊編輯與審查

Editorial Board, International Journal of Sport and Exercise Psychology (ISSP官方期刊，SSCI, 2021~)

Editorial Board, Journal of Sport Psychology in Action (AASP 官方期刊，2018 ~ 2020)

Editorial Board, Asian Journal of Sport and Exercise Psychology (ASPASP 官方期刊，2019 ~)

臺灣運動心理學報總主編 (TSSCI 一級期刊，2015~)

社區服務

2016 年里約奧運、2018 年雅加達亞運運科小組委員

2016-2022 年台北市競技運動選手訓練暨科學輔助計畫心理組共同負責人

國外期刊發表著作 (2020~2022)

- Lin, C. C., Hsieh, S.S., **Huang, C. J.**, Kao, S. C., Chang, Y. K., & Hung, T. M. (2022). The unique contribution of motor ability to visuospatial working memory in school-age children: Evidence from event-related potentials. *Psychophysiology*, e14182.
<https://doi.org/10.1111/psyp.14182>
- Chen, T. T., Wang, K. P., **Huang, C. J.**, & Hung, T. M. (2022). Nonlinear refinement of functional brain connectivity in golf players of different skill levels. *Scientific Reports*, 12, 2365.
- Wang, K. P., Cheng, M. Y., Chen, T. T., Lin, K. H., **Huang, C. J.**, Schack, T. & Hung, T. M. (2022). Successful motor performance of a difficult task: Reduced cognitive-motor coupling. *Sport, Exercise, and Performance Psychology*, 11(2), 174–184.
- Abdoshahi, M., Kondric, M., & ***Huang, C. J.** (2021). Sex-based differences in cognitive anxiety and felt arousal of elite archers: A field study. *Journal of General Psychology*.
<https://doi.org/10.1080/00221309.2021.2008857>
- Chueh, T. Y., Hsieh, S. S., Tsai, Y. J., Yu, C. L., **Huang, C. J.**, & Hung, T. M. (2021). The relationship between internalizing problems and acute exercise duration in children with attention-deficit/hyperactivity disorder: The role of frontal alpha asymmetry. *Research in Developmental Disabilities*, 118, 104063.
- Zhang, W., Ma, S., Wu, D., & ***Huang, C. J.** (2021). Organizational stressors and competitive anxiety in athletes: The moderating role of psychological flexibility. *International Journal of Sport Psychology*, 52(6), 479-493.
- ⁺Lin, C. F., ⁺**Huang, C. J.**, Tsai, Y. J., Chueh, T. Y., Hung, C. L., Chang, Y. K., & Hung, T. M. (2021). Resting theta/beta ratios mediate the relationship between motor competence and inhibition in children with attention deficit/hyperactivity disorder. *Frontiers in Psychology*, 12, 649154.
- Wu, D., Luo, Y., Ma, S., Zhang, W., & ***Huang, C. J.** (2021). Organizational stressors predict competitive trait anxiety and burnout in young athletes: Testing psychological resilience as a moderator. *Current Psychology*. <https://doi.org/10.1007/s12144-021-01633-7>
- Lin, C. C., Hsieh, S. S., Chang, Y. K., **Huang, C. J.**, Hillman, C. H., & Hung, T. M. (2021). Up-regulation of proactive control is associated with beneficial effects of a childhood gymnastics program on response preparation and working memory. *Brain and Cognition*, 149, 105695.

- Hsieh, S. S., Chueh, T. Y., **Huang, C. J.**, Kao, S. C., Hillman, C. H., Chang, Y. K., Hung, T. M. (2021). Systematic review of the acute and chronic effects of high-intensity interval training on executive function across the lifespan. *Journal of Sports Sciences*, 39(1), 10-22.
- Yu, C. L., Hsieh, S. S., Chueh, T. Y., **Huang, C. J.**, Hillman, C. H., & Hung, T. M. (2020). The effects of acute aerobic exercise on inhibitory control and resting state heart rate variability in children with ADHD. *Scientific Reports*, 10, 19958.
- Wang, K. P., Cheng, M. Y., Chen, T. T., **Huang, C. J.**, Schack, T., & Hung, T. M. (2020). Elite golfers are characterized by psychomotor refinement in cognitive-motor processes. *Psychology of Sport and Exercise*, 50, 101739.
- Huang, C. J.**, Tu, H. Y., Hsueh, M. C., Chiu, Y. H., Huang, M. Y., & Chou, C. C. (2020). Exercise improves executive function in children with and without learning disability: A randomized controlled trial. *Adapted Physical Activity Quarterly*, 37(4), 404-422.
- Chou, C. C., Chen, K. C., Huang, M. Y., Tu, H. Y., & ***Huang, C. J.** (2020). Can movement games enhance executive function in overweight children? A randomized controlled trial. *Journal of Teaching in Physical Education*, 39, 527-535.
- ⁺Tsai, Y. J., ⁺**Huang, C. J.**, Hung, C. L., Kao, S.C., Lin, C.F., Hsieh, S.S., & Hung, T. M. (2020). Muscular fitness, motor competence, and processing speed in preschool children. *European Journal of Developmental Psychology*, 17(3), 415-431.

國內期刊發表著作 (2020~2022)

- 莊季諳、莊雅婷、*黃崇儒 (2023)。受傷運動員的社會支持與競賽壓力：復健自我效能與受傷程度的角色。 *大專體育學刊*。
- 王素君、*黃崇儒 (2022)。滾球選手競賽情境與賽前狀態焦慮和自信心之關係：心理復原力的調節效果。 *大專體育學刊*。
- 鄭宛筑、鍾佳芸、*黃崇儒 (2022)。大學運動員完美主義與運動倦怠之關係：教練自主支持的調節作用。 *運動表現期刊*, 9(1), 17-32。
- 翁正芬、鍾佳芸、*黃崇儒 (2022)。知覺教練場上行為與青少年運動員利社會及反社會行為之關係：道德解離的中介。 *臺大體育學報*, 43。
- 俞永日、黃崇儒、鍾佳芸 (2021)。運動員的自我設限、賦權動機氣候與集體效能和團隊承諾之關係。 *文化體育學刊*, 33, 49-63。
- 張芝雁、黃崇儒、洪聰敏 (2020)。競技運動認知神經科學研究發展及未來趨勢。 *中華心理學刊*, 62(2), 245-266。

國際研討會論文發表 (2020~2022)

Huang, C.-J. (2021). The development and perspectives of the official SSEPT journal. Paper presented at the 2021 ISSP World Congress, Taipei, Taiwan.

Huang, C.-J., & Yeh, L.-C. (2021). Athletic identity, career adaptability, social support and career readiness in college student-athletes: A three-wave cross-lagged study. Paper presented at the 2021 ISSP World Congress, Taipei, Taiwan.

近三年科技部專案計畫 (計畫主持人)

黃崇儒 (2022~2024)：年輕學生運動員的角色認同、雙重生涯態度、成就表現與學校生活調適：長期追蹤之觀點。科技部計畫編號：MOST 111-2410-H-845 -007-MY2

黃崇儒 (2020~2022)：大學運動員的角色認同與職業選擇偏好：腦波測量之觀點。科技部計畫編號：MOST 109-2410-H-845 -033-MY2

獲獎紀錄

105-110 年度科技部補助大專校院獎勵特殊優秀人才

109-110 年教育部體育署運動科學研究與發展獎勵

108 學年度臺北市立大學校級教學優良教師